

# OBESITY UPDATE

**4TH  
SEPTEMBER  
9am to 4 pm**



**Venue : Hospital Auditorium  
Registration : Free**

## CME PROGRAM

*Obesity is a chronic disease that has already reached pandemic proportions and is becoming one of the leading causes of death and disability worldwide. A comprehensive, sustainable, and proactive strategy to deal with the challenges posed by the obesity epidemic is urgently needed*



- 9 - Welcome - Dr LR Sharma, DMS, Apollo Hospitals
- 9.15 - Current concepts of obesity etiology - Dr Arun Prasad
- 9.30 - Physician approach to obesity - Dr Tarun Sahni
- 9.45 - Discussion
- 9.55 - What is Obesity Clinic - Dr Arun Agarwal - Chief Guest
- 10.00 - Diet in the obese : Dr Anita Jatana
- 10.15 - Discussion
- 10.25 - Behavioural issues in the obese : Dr Achal Bhagat
- 10.40 - Discussion
- 10.50 - How is diabetes different in obese : Dr CM Batra
- 11.05 - Discussion
- 11.20 - Is cancer more common in obese : Dr S Sahni
- 11.35 - Discussion
- 11.45 - Obesity related joint problems : Dr Raju Vaishya
- 12.00 - Backache and obese : Dr Rajendra Prasad
- 12.15 - Discussion on joint and back
- 12.30 - Obesity and sleep apnea : Dr MS Kanwar
- 12.45 - Discussion
- 1.00 PM - Lunch
- 1.30 - Heart disease in the obese : Dr Vipul Roy
- 1.45 - Discussion
- 2.00 - When and what bariatric surgery in Indian patients - Dr Arun Prasad
- 2.15 - Discussion
- 2.30 - Cosmetic surgery options in the obese - Dr. Shahin Nooreydzan
- 2.45 - Discussion
- 3.00 - How safe is anesthesia in obese - Dr Anupam Raj
- 3.15 - Gynaecology and infertility in obese - Dr SB Khanna
- 3.30 - Discussion
- 3.40 - Liver disease and obesity - Dr Hitendra Garg
- 3.55 - Discussion
- 4.00 - Interesting cases discussion - Dr Rekha Jaiswal
- 4.30 PM - Valedictory and Tea



*Experienced specialists from various disciplines come together to share latest data and recommendations for a practitioner's point of view.*

*Join us for a lively session to answer questions that are crucial in the current health care involving obesity related diseases.*